

Eksperymenty badawcze z zastosowaniem alkoholu etylowego u ludzi – amerykańskie rekomendacje bioetyczne jako przyczynek do opracowania polskich standardów

Experimental research administration of ethanol in human studies – the National Advisory Council on Alcohol Abuse and Alcoholism bioethics recommendations for consideration as a contribution to the development of Polish standards

Tomasz Adamowski¹, Bogusław Habrat²

¹ Uniwersytet Medyczny we Wrocławiu, Katedra i Klinika Psychiatrii

² Instytut Psychiatrii i Neurologii, Zespół Profilaktyki i Leczenia Uzależnień, Warszawa

Abstract – In the absence of Polish experience in the field of laboratory experiment and self-administration of ethanol in humans, the authors analysed the current solutions in the field of legal and ethical rules in Poland and in the USA where such research procedures are conducted. The existing laws on bioethics standards of medical research on humans are solutions referring to originally existing international regulations – i.e. the Nuremberg Code and the Helsinki Declaration. The American solution, the National Advisory Council on Alcohol Abuse and Alcoholism (NAC) Guidelines for bioethics standards in the field of experimental and self-administration of ethanol in human studies is presented. The guidelines contain detailed instructions on the issue of participant risks and benefits, informed consent, confidentiality, the use of deception, occupational safety and participant health assessment. There was particular attention on appropriate participant selection according to addiction and/or abstinence severity level, as well as the stage of life. Attention should be drawn to the presentation and discussion of the numerous ethical dilemmas mentioned in the NAC guidelines related to specific research on addicts that were raised by other authors. Strict adherence to the principles of participant selection, full justification of anticipated benefits of the research and the methods used are standard in research involving alcohol in humans. According to the authors, the presented guidelines can serve as an example for the development of Polish solutions in the field of ethics adjustment in ethanol administration in human studies.

Key words: alcohol self-administration, alcoholism, ethical principles

Streszczenie – Z uwagi na brak polskich doświadczeń w zakresie eksperymentalnego podawania i samopodawania alkoholu etylowego (*alcohol self-administration, ASA*) u ludzi przeanalizowano aktualne uregulowania prawno-etyczne w Polsce oraz w USA, gdzie wykonuje się takie badania. Przedstawione

Finansowanie: praca nie była finansowana. *Financial support: this paper was not financed.*

Nie występuje konflikt interesów. *No conflict of interest declared.*

Nie występują zjawiska *ghostwriting* i *guest authorship*. *No ghostwriting and guest authorship declared.*