

PRACE ORYGINALNE

Ocena systemu leczenia i rehabilitacji osób uzależnionych od substancji psychoaktywnych w Polsce

Assessment of a system of treatment and rehabilitation of drug dependence in Poland

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Abstract – Introduction. The study aimed at assessment of a system of treatment and rehabilitation of drug dependence in Poland. Following dimensions were analysed: resources (staff, budget), range of services, accessibility, duration of treatment, retention.

Method. Postal survey reached about two thirds of all treatment and rehabilitation services in Poland.

Results. Total abstinence dominate as a treatment goal in majority of services followed by improvement of quality of life. Relatively comprehensive care is offered by a half of all services. Post-rehabilitation services, however, are offered mostly by rehabilitation centres. Over 60% of all out-patient clinics and over 70% of detoxification centres offer no post-rehabilitation care.

Waiting time for treatment is relatively short in out-patient clinics (less than one week), longer for detoxification (20 days). Waiting time for admission in rehabilitation residential care is about six weeks, while for substitution treatment it varies from half a year to two years and more.

Over 60% of a treatment budget is allocated in residential rehabilitation centres which serve about 15% of all patients. Retention in treatment is not satisfactory.

Praca powstała jako ekspertyza zlecona przez Krajowe Biuro ds Przeciwdziałania Narkomanii (umowa 5/GA/05).

About 20% of patients dropped out in the beginning of treatment, while less than half complete entire treatment programme. On average, in rehabilitation centres per one staff member there are four patients only who successfully complete treatment programme, while relevant ratio in detoxification services is 1 to 13, while in out-patient clinics – 1 to 20.

Key words: drug treatment, treatment goals, post-rehabilitation services, waiting time, retention in treatment