

Zmiany w picciu alkoholu przez warszawskich nastolatków w latach 1984–2004

Changes in alcohol consumption among Warsaw adolescents between 1984 and 2004

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Abstract – Aim. The study aim was to analyze the phenomenon of alcohol use among 15-years old students.

Method. Since 1984 the Mokotów study has been repeated every four years using the same procedure and instruments. In 2004 the number of participants was 1461.

Results. Between 1984–1996 the percentage of adolescents, who had never drunk alcohol decreased from 22% to 10%. The stabilization of alcohol use and abuse prevalence was observed between 1996 and 2004. At the same time among boys percentage of frequent alcohol drinkers dropped from 53 to 45%, whereas among girls remained at the same level – about 50%. For boys number of those who got drunk decreased from 26 to 21%, for girls increased from 15 to 19% between 2000 and 2004.

Conclusions. Changes in alcohol use prevalence by adolescents are related to the political, economic and social transformation which occurred in Poland in the past 20 years.

Key words: adolescents, alcohol, prevalence

Praca naukowa sfinansowana w całości ze środków budżetowych na naukę w latach 2005–2006 jako projekt badawczy.