

PRACE ORYGINALNE

Picie alkoholu oraz wiedza o jego działaniu wśród studentów łódzkich szkół wyższych

Alcohol drinking and knowledge about alcohol abuse among students of two Łódź academies

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Abstract – Introduction. The aim of the study was to estimate the prevalence of alcohol drinking among university students in Łódź and evaluate their knowledge about consequences of alcohol use and abuse. Third year students of two colleges participated in the study (n= 249, 129 female and 120 male).

Methods. Items included in a questionnaire “My behaviors” (Juczyński, Chodkiewicz, Pisarski) were used in the study. Participants were asked about frequency and intensity of drinking and getting drunk, memory loss, risk behavior under the influence of alcohol, knowledge about alcohol side effects and possibility of addiction.

Results. The results indicated that alcohol use is widespread among students (mostly beer and vodka drinking). Students often drink alcohol in the way which can cause health damage. Intensity, frequency, occurrence of intoxication and alcohol induced blackout among men were higher than among women. About 11% participants appeared to be at risk of developing alcoholism. The results indicated lack of essential knowledge about alcohol abuse among considerable percent of students.

Key words: alcohol problems, students, risk behaviors