

## TYPES OF ALCOHOLISM AMONG WOMEN

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### **TYPES OF ALCOHOLISM AMONG WOMEN**

**ABSTRACT** – The issue of the research is the correlation between the types of alcoholism among women and the types of response to the same therapeutic program.

The are two main goals of the research:

1) distinction of typological groups of women in context of clinical factors (family history of alcoholism, onset of addiction, premorbid personality traits, criticism and sense of guilty) also in the Cattell's psychometric evaluation of anxiety factors;

2) description of changes in the range of personality structure, self-image and noetic dimension of personality in relation to the types of alcoholism differentiated during therapy.

The research is based on the evaluation of 144 addicted women who took part in 7-week therapeutic program. The cluster analysis shows 3 types of women's alcoholism, which are similar to types described by Cloninger, Babor and Hauser.

Type 1 (neurotic-depressive): without alcoholism in family, increased level of anxiety and considerably intensified pre-disease anxiety-depressive features;

Type 2A (emotionally unstable): alcoholism in family, high level of anxiety and low level of adaptation, emotional instability and considerably high pre-disease asocial traits;

Type 2B (antisocial): alcoholism in family, low level of anxiety and disadaptation, moderate intensity of pre-disease asocial traits.

Women with various types of alcoholism react in different way to the same therapeutic program. The difference appears especially in dissimilar changes in personality features and in noo-dimension of personality.

**Key words:** women, types of alcoholism, therapy.