

## MOTIVES OF BEGINING, CONTINUATION AND FINISHING OF THERAPY IN WOMEN ADDICTED TO ALCOHOL IN ADDICTION THERAPY WARD

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### **MOTIVES OF BEGINNING, CONTINUATION AND FINISHING OF THERAPY IN WOMEN ADDICTED TO ALCOHOL IN ADDICTION THERAPY WARD**

**ABSTRACT** – Motivation in context of addiction therapy seems to play a very important role for the beginning and continuation of the therapy. Considering the fact that the whole structure of motivation of addicted person is dominated by the motives of using psychoactive drugs, it will be very interesting to know the reasons for the beginning of the therapy. Also during a stay in a ward psychological mechanism of addiction, which is always active in addicted person, motivate more to alcohol drinking than to therapy continuing. Therefore motives occurring during the therapy might be interesting. The aim of the searches was to determinate motives of to begin the therapy in withdrawal ward by women addicted to alcohol, and to continue the therapy and until planned finish. The research was done in ward for alcohol treatment in Hospital for Psychiatric and Nervous Diseases in Rybnik. Thirty two women took part in research, which consisted of three assessments for each patient. Each part consisted of interview with addicted women and Shalit circle method added and adjusted to the interview. The interview was voluntary and based on subjective opinions and feelings of patients. The motives given by women were classified as follows: family motives, health motives, motives connected with law, and help institutions, external persons, motives connected with existence factors, sens of helpless or shame, motives connected with therapy, hospital treatment and inner motives. The most important motives to begin the therapy turned out to be external reasons among them the most popular were family motives, as well as inner motives. The most important motives to continue the therapy were motives connected with the treatment itself – among them the most popular is wish to finish the treatment. The most important motives to finish the therapy were motives connected with treatment itself – among them there is knowledge about the addiction acquired or still being acquired. It was established that the reasons and motives of the therapy change during its progress. If we consider the above fact it is possible to start more effective work to motivate patients.

**Key words:** motives, motivation, women, addiction treatment.