## BADANIE WYKORZYSTANIA PAKIETU PREWENCYJNEGO DOTYCZĄCEGO ZAPOBIEGANIA NARKOMANII "ODLOT"

## Katarzyna Dabrowska

Zakład Badań nad Alkoholizmem i Toksykomaniami Instytutu Psychiatrii i Neurologii w Warszawie

A FOLLOW-UP STUDY ON THE IMPLEMENTATION OF THE "PACKAGE" FOR PREVENTION AND COMMUNITY ACTION ON DRUG ABUSE.

ABSTRACT – During 1995 – 96 period a "Prevention and Management of Drug Abuse in Poland" project was implemented by the Institute Psychiatry and Neurology. The project was financed/granted by the European Commission and its major outcome was a ready-for-use Prevention and Community Action "Package", containing guidelines, strategies, and materials for substance abuse assessment, prevention, training, and evaluation at the community level.

In December 1999 research staff decided to monitor usage of the package and a questionnaire was posted to all its users (502 persons and institutions). Response rate amounted to 36%.

Predominantly the "Package" was used in primary and secondary schools. It was implemented mainly by teachers, psychologists and educators. Generally it was used to educate children and to organize their leisure time. Evaluation and surveys were conducted only occasionally.

To summarize, prevention programs are in demand in Poland. Respondents considered the "Package" to be a very important source of information concerning prevention strategies. It was very highly praised. The respondents state that the "Package" can be adopted to requirements of local community and implemented only in some of its parts. They also stated that package includes materials, which help to talk about AIDS problem.

Key words: assessment of utility, prevention work

## WSTĘP

W latach 1995- 96 Instytut Psychiatrii i Neurologii realizował projekt "Prevention and Managment of Drug Abuse in Poland" finansowany z grantu Komisji Europejskiej. Jednym z produktów projektu był Pakiet Prewencyjny "Odlot". Początkowy nakład pakietu wynosił 1000 egzemplarzy z czego większość trafiła nieodpłatnie do odbiorców w całym kraju. Pakiety były wysyłane do gmin na podstawie wypełnionego formularza zapotrzebowania, który zawierał podstawowe informacje o gminie.

W związku z dużym zainteresowaniem pakietem dodrukowano następne 500 egzemplarzy, które sprzedano w ciągu niecałego roku.