

leżnione od alkoholu przechodziły inicjację alkoholową istotnie wcześniej niż ludzie nieuzależnieni.

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Psychosocial concomitants of alcohol dependence

SUMMARY

In the study 106 alcoholics (71 males, 35 females, mean age 40.5 years), prior to their entering an in-patient alcohol treatment program, were compared to 84 controls without alcohol dependence. The control group was matched proportionally for age, sex, and educational level. The following psychosocial variables were measured: psychopathological symptoms severity (using a checklist based on the HSCL by Derogatis), sense of coherence (using the SOC-29 questionnaire by Antonovsky, in the Polish authorized adaptation, and coping styles (using the CISS by Endler and Parker, adapted by Szczepanik, Streulau and Wrześniewski). Alcoholics were found to differ significantly from the controls in a number of measures: 1) they had significantly higher scores in almost all symptom scales (except for "somatization"); 2) their SOC level, as well as that of two SOC components (comprehensibility and manageability), was lower ($p < 0.0001$); 3) alcoholics tended to use more emotion-oriented and avoidance-through-distraction coping styles than did controls ($p < 0.0001$), while the latter had a significantly stronger tendency to task-oriented and social diversity styles; 4) in alcohol dependent subjects, as compared to controls, initiation to alcohol drinking occurred at a significantly younger age.

Key words: alcoholism / sense of coherence (SOC) / coping / initiation to alcohol

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