

leżnięń zwany podstawowym. Pacjenci po jego zakończeniu mają możliwość korzystania z dalszej pomocy terapeutycznej w dwuletnim programie leczenia poszpitalnego.

Halina Ginowicz

Therapeutic program of the Alcohol Treatment Unit in Łuków

Summary

The Alcohol Treatment Unit in Łuków provides treatment to alcohol dependent persons. The therapeutic team, consisting mostly of nurses in the role of alcohol treatment instructors, works under direction of a medical doctor and a psychologist. The therapeutic program based on J. Mellibruda's concept of psychological mechanisms of dependence is supported by experiences of the Alcoholics Anonymous movement. A 6-week program of the so-called basic alcohol treatment is provided by the unit. On completion of the program patients are offered further therapeutic help in a two-year aftercare program.

Key words: alcohol treatment / alcohol treatment unit / aftercare