

## G. PROBLEMY ALKOHOLOWE WE WŁASNEJ RODZINIE

## - KORZYSTANIE Z POMOCY

25. Czy w Twoim domu zdarzają się konflikty związane z piciem alkoholu przez kogoś z rodziców?

|                |   |     |
|----------------|---|-----|
| Tak, często    | - | 5%  |
| Tak, czasami   | - | 17% |
| Nie zdarza się | - | 72% |
| Tak, kiedyś    | - | 3%  |

26. Czy w związku z rodzinnym problemem alkoholowym zwracałeś się po pomoc, poradę: TAK - 3.3%

27. Jeśli zwracałeś się o pomoc, to do kogo?

W odpowiedzi wymieniano rodzinę i przyjaciół

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Pilot study: evaluation of the alcohol prevention program „The second primer”

### Summary

A pilot questionnaire study using a quasi - experimental design was carried out to evaluate effectiveness of „The Second primer” program. Responses obtained from a group of 14-16-year-olds (N=166) served to analyze changes in knowledge, attitudes towards alcohol problem in the family, self-esteem, some life skills, alcohol and other drugs use. Participation in the program turned out to increase the students' knowledge about alcohol, as well as their self-esteem. As regards the remaining variables, no significant effects of the program on the students were found. Positive opinions about the program were expressed by a vast majority of the students asked to evaluate sessions in which they had participated.

Further evaluation studies of the program effectiveness should be conducted on a larger sample, and should take under consideration a wider range of students' knowledge and attitudes. Moreover, it should be possible to assess the number of students getting drunk.

(translated by Barbara Mroziak)

**Key words:** alcohol, prevention, teenagers, evaluation