

forum, na którym podejmuje się decyzje dotyczące zmiany formy terapii i zakończenia terapii.

W taki oto sposób opracowano strukturę i sposób organizacji pracy terapeutycznej i zatrudniono potrzebny personel. Pierwszego stycznia 1988 roku nasza placówka rozpoczęła prace zgodnie z naszkicowanymi wyżej zasadami.

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## **Multi -modality programming in the treatment of drug addiction**

### **Summary**

Transformation of the mono-modality approach into a multi-modality one in the treatment of drug dependence is presented in the paper. The transformation process took place in the years 1984-1987 in the County of Funen (island Fyn), Denmark. It is estimated that in the County population of 463000 there are about 1000 drug dependent IV-heroin abusers.

The multi-modality treatment consists in the provision of a variety of therapies, together with social and vocational support, including e.g. counselling, methadone maintenance treatment, detoxification, treatment of physical conditions, psychotherapy, marital and family therapy, occupational therapy, vocational training and rehabilitation, education, and many other forms.

It is possible to provide such a diversified range of services adapted to individual needs and complicated careers of drug addicts only through creation of an interdisciplinary team cooperating with various health care, educational and social welfare facilities, as well as with employers (Eds.).

### **Piśmiennictwo**

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